

Nottingham Nemesis BHC

2025/26



AGM Minutes: Tuesday 8th September 2026

Players in Attendance:

Hazel Taylor	Andy Binns	Cara Winsor
Helen Brooks	Dean Parker	Dean Oxley
Matt Brooks	Liberty Collinson	James Tasker
Mike Lee	Tom Broadhead	Nikki Croxall
Joel Lindley	Dan Erridge	Mariusz Borek
Emma Wilkinson	Jess Taylor	

Item		Action/Approved
Apologies	No Apologies received	
Previous AGM Minutes and arising matters	Available to read on the website - accepted as a true record of last years' AGM	Proposed: Tom Broadhead Seconded: Joel Lindley
GM report	This season, Nemesis once again entered two teams into the Central Conference League, ensuring maximum playing time and development opportunities for all registered players. Although, neither team achieved promotion, we have continued to develop and compete positively. The squads we have assembled for 2026-27 show great potential, and with continued commitment, support on and off court and the application of what we practise in training, both teams have every opportunity to challenge for promotion. Both Rage and Fury feature significant international-level representation and a wealth of experience. Our commitment to providing opportunities for competitive hockey was further demonstrated through invitations to both the Tatry Cup and the Maurice Chandler Cup. We made a	

conscious effort to involve as many players as possible in these tournaments while balancing the experience required to compete successfully at a higher level. We are particularly proud of how Nemesis is regarded by organisers, officials and other clubs. Throughout the season we received excellent feedback regarding our sportsmanship, attitude and effort levels. Maintaining this reputation is extremely important, and the fact that we continue to receive invitations to prestigious tournaments year after year is a testament to the culture and values of our club.

The club also took part in the F4 Tournament once again, as well as a friendly fixture against the GB Lions as part of their preparation for the Amálka Summer Cup in Kladno, Prague.

Closer to home, we successfully hosted our own in-house Arcana Cup Tournament, which concluded in August last year, with the High Priestesses completing a clean sweep of victories. The tournament was a fantastic way to finish the summer and showcased the strength and camaraderie within the club.

The off-season saw us welcome a number of new members to Nemesis, adding further strength and depth across the club. It has been exciting to see our membership continue to grow. We also had several players broaden their experience by competing and supporting other clubs through the bubble system.

As we move into the new season, we will unfortunately say goodbye to several players who are moving on to other clubs. We would like to sincerely thank them for their contributions to Nemesis, both on and off the floor, and wish them every success in the future.

As a non-profit organisation, the club remains committed to securing sponsorship opportunities and charitable grant funding to support investment in equipment, kit and player development. A number of funding applications are currently underway behind the scenes, and we continue to explore new opportunities that will help strengthen the club for the future.

	We welcome support from individuals, local businesses and organisations who may be interested in sponsoring the club or assisting in other ways. If you would like to get involved, please speak to any member of the management team. Every contribution, no matter the size, helps us continue to grow and provide the best possible experience for our members.	
Coaching Team report	The club was established in March 2022 and entered into our first season in 2022/3. The club has since grown and developed and was able to enter two teams into the BHUK central conference, and again, enter the tier 3 tournaments. We have had players from the club representing Great Britain at the ISBHF senior women's, women's masters, women's and men's legends world championships, and the GB men's Lions teams. We have also had coaching representation at the women's masters and legends and GB girls u16's. We continue to train for two hours, once a week, with training sessions remaining open to our own team members as well as players from other teams who wish to attend. This allows these players to access additional training for their own development, as well as improving the standard of training sessions to enable our own players to develop. Attendance at training sessions throughout the season has been good, averaging 14 players per session. We have also played friendly games, run a successful Christmas skills competition and run mini tournaments over the summer. We entered two teams into the BHUK central conference, where we competed in tier 3 and our teams finished fifth and seventh place out of 7 teams. We fulfilled all fixtures, home and away and some players also had the opportunity to play up for teams in higher tiers. Again, we had several players playing their first ever season of ball hockey. After some heavy losses last season, we decided to balance the teams more this season so, the results were not unexpected, although Rage were disappointed not to finish higher with some of experienced players joining near the beginning of the season. The Fury games were much more competitive this season, and although they finished with 0 points the scores were much	

improved. Team spirit was fantastic on the Rage team and much improved on Fury.

We entered the tier 3 Nationals tournaments where we finished in 4th place, scored 4 goals and only conceded 4, which is a huge improvement on last season. We are no longer seen by other teams as an easy win, and we received many comments from other teams about how much we have developed. With the new ruling that bubbling of players is no longer allowed for Nationals tournaments some of our players elected to play for tier 2 teams, but we still had good numbers. All results were close.

We are hoping to enter two teams into the league again next season, to enable all players wanting to play, to play, without anyone having to miss out due to the maximum bench size of 12 players per game. No that many of our players have been playing for some time and the level of hockey is improving we are keen to make a move to development of all players, new and more developed. Last season the team structure favoured the newer players. Moving forward we will look to structure the teams to enable the more experienced and skilled players to play together, develop as players and a team and hopefully significantly improve our league position. The goal is to get a team promoted to tier 2 to further development opportunities withing the club.

We currently have 2 DBS checked coaches within the club. Training sessions have been focussing on individual skills, as well as team plays and we have seen great improvements in players. We have had a really good number of new players, who have made fantastic progress and fitted into the team really well. There was a huge improvement over the season in the skills, game play and confidence of the players joining the league for the first time, which was fantastic to see.

Our current set up means that players age 16 and above can play for our team. We do not currently have a junior set up. Older junior players may train with their parents' permission. This enabled a local GB u16 girls' players to get further training in before her world championships.

	Our objectives for the coming season will be: • Continued focus on individual skills for players of all ability and experience • Continued focus on systems and positional play as a team • Enter two teams into the central conference at tier 3 • Gain promotion into tier 2 for one team – this will require consistency, commitment and team effort • Enter at least one team into the tier 3 Nationals competition. We will prepare for this in training sessions leading up to the events. • Continue to develop players of all ability, and continue to encourage attendance at national team trials, where appropriate. • Improve the development of higher-level players as well as enabling progression with drills and sometimes splitting players into groups by ability level • Continue to uphold the club ethos of inclusivity, positivity and teamwork The running of the team relies on volunteers. Thank you to everyone who has been involved with managing, coaching, social media and running the club and thank you to all players for being part of the team.	
Treasurer's Report	Nemesis has a dual authorized-signatory bank account, and its treasurer is DBS checked as are all persons who sign on the account. Any expenditure from the club is done via bank transfer, where at all possible. If something must be bought or paid for outside of this and expense form is completed and authorised with the receipts. The accounts run from the 1st August 25 -31st July 26 Bank Balance (as of 8/9/26) - £1,807.20 Less hall hire for September -£536.00 Less Tatry Hotel fees -£843.00 Balance after expenses £428.20 Cash in hand - £75.00 The Nemesis Startup loan is completely paid off.	Proposed: Andy Binns Seconded: Dean Parker

Formal Adoption of the constitution and associated policies	Nemesis Constitution presentation and adherence to BHUK policies remains the same no amendments to propose	n/a
Election of officers	General Manager – Mike Lee Treasurer – Nikki Croxall Coaching Team – Hazel Taylor, Helen Brooks, Committee – Matt Brooks Social Media Lead – Joel Lindley	Proposed: Andy Binns Seconded: Dean Parker
Questions Submitted Prior	2 – Can we create a Nemesis Women's team to support BHUK's Women's development? Yes Can we organise a winter/summer social event? Yes	
Looking Ahead 26/27	Our focus must remain on supporting and developing the players who continue with us, while ensuring Nemesis remains an open, welcoming and inclusive club for new members who wish to join us and be part of our future success. Team Development and Training Training sessions will increasingly focus on team-specific drills, set plays, line combinations and game scenarios that can be translated directly into match situations. As always, the success of these sessions relies heavily on strong attendance and consistent participation from players. Representative Hockey Opportunities We encourage all players to consider attending GB trials and draft tournaments when they feel ready. Nemesis has a good tradition of representation across multiple Great Britain and international formats, and we are extremely proud of the clubs contribution to the wider sport. Even if selection does not come immediately, these events provide invaluable experience through exposure to high-level coaching, advanced tactical concepts and increased fitness expectations. Just as	

importantly, they help players establish themselves within the wider ball hockey community and position themselves for future opportunities.

We are also actively engaged with the NBHL (National Ball Hockey League) in North America, a model that is expected to expand further across Europe in the coming years. This is an exciting development for the sport and one that Nemesis players will continue to be a part of.

Hockey Awareness and Communication

Players are encouraged to watch ball hockey and ice hockey games whenever possible. Take note of player positioning, defence, offence and, perhaps most importantly, communication. One of the most noticeable differences at higher levels of the game is the volume and quality of communication between teammates. Strong communication helps players make quicker decisions, support each other more effectively and react to changing situations on the floor. As a club, this remains an area where we can improve significantly, particularly during scrimmages and game situations.

We encourage more players from both teams to learn the rules, referee training games and complete game sheets. Not only does this help support the club and league, it also develops players; hockey IQ, providing a deeper understanding of the game that can improve decision-making, discipline and overall performance on the floor. Sharing these responsibilities more widely will help ensure Nemesis remains strong, sustainable and well-supported both on and off the rink.

Fitness and Wellbeing

Any improvements players can make to their fitness will have a positive impact on both individual performance and team success. These improvements do not need to be dramatic.

Small lifestyle changes, whether through increased walking, swimming, cycling, gym work or maintaining a healthier diet, can make a meaningful difference.

	Ball hockey is a highly aerobic sport, and improved fitness not only enhances performance but can also make game days more enjoyable and rewarding for everyone involved. BHUK Finally, we are pleased to share some exciting news from BHUK regarding the development of a new rink facility in Sheffield at the Magna site, located on the other side of the M1 from Meadowhall. This will be a dedicated, purpose-built rink with ball hockey as a priority sport. Unlike current venues, game schedules will not be affected by public skating sessions, providing a more consistent and professional playing environment. The facility is expected to become available around October or November this year, representing a significant step forward for the growth and development of ball hockey in the region. We look forward to another exciting season and would like to thank every player, coach, official, volunteer and supporter who has contributed to the continued success of Nemesis. Together, we will continue to build a club that is competitive, ambitious and, above all, one that people are proud to be part of.	
AOB	None	

Minutes accepted into club records as accurate:

Signed..... printed.....Mr Mike Lee.....

Date.....